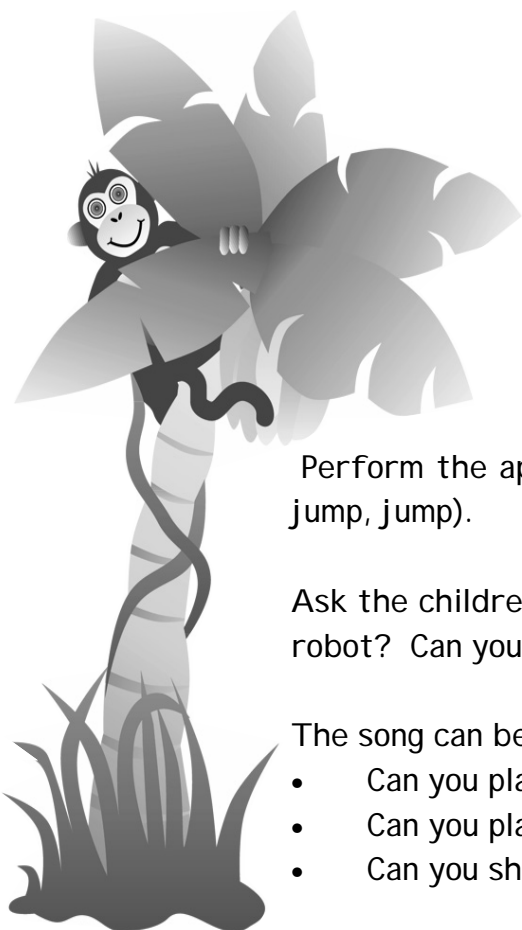


Can you jump?



Can you jump with both feet, both feet, both feet?

Can you jump with both feet? Jump, jump, jump!

Can you wave with both hands, both hands, both hands?

Can you wave with both hands? Wave, wave, wave!

Perform the appropriate action on the last three notes of the verse (i.e. jump, jump, jump).

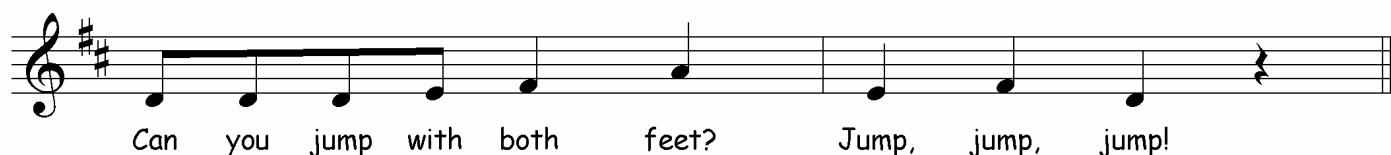
Ask the children to think up other verses with suitable actions. Eg. Can you be a robot? Can you be a monster?

The song can be adapted to include playing instruments. For example:

- Can you play the sleigh bells?
- Can you play the castanets?
- Can you shake the shaker?

Notated music

Starting note: D



Aims of song

- To develop locomotor co-ordination through movement to music
- To sing as part of a group
- To encourage children to choose new verses for the song